



SOCIO and
ECONOMIC
EDUCATION
TRANSFORMATION
for HEALTH



ANNUAL REPORT
2023





Vision statement

Socio and Economic Education Transformation envisages healthful and economical achievements of children, youth, women and the community at large

Mission statement

Socio and Economic Education Transformation is dedicated to improving poor people's lives in Tanzania through education, social economic development, and health. SEET's mission is therefore to mobilize, promote, empower, educate and support marginalized, vulnerable and poor people achieve their life goals.

Introduction

In this year's report we reviewed and reflected on the growth that has taken place in the last years in areas of our focus, and how our role in mobilizing, promoting, empowering, educating and supporting vulnerable and marginalized people achieve their life goals has evolved over one year. In our 2023 Annual Report, we have framed results around the project implemented with examples of our achievements and project results.



1. Orphan and Vulnerable Children (OVC)

At SEET, we recognize that HIV/AIDs, and maternal mortality have significantly contributed to increase in number of orphans and vulnerable children in Buguruni and Vingunguti Wards, Ilala Dar es Salaam. The majority of those OVCs live with widowed mothers and other care-givers in poverty. It is difficult, if not impossible for them to meet basic family daily needs including investing in education and healthcare. It is therefore essential to combine health and education initiatives with those that enhance household economic resiliency and income.

In 2023, we continued our approach of mobilizing communities to lead in providing OVC's education, healthcare, vocational training and scholarships. Widows and other care-givers (Caregivers) are trained and supported to start income generation activities. We also visited schools that OVC's attend, to identify progress and challenges and addressed them in partnership with their teachers and Caregivers

In 2023, 35 orphans were provided with school supplies; 9 received school uniform; 12 received health insurance; and 1 orphan was send to vocational training. Also, our team visited every orphan's school to find out progress, challenges and discuss and agree with teachers on how to address them. In those visits, poor school attendance and shortage of science teachers were the major issues. We continue working with teachers and care-givers to address them.



Photos, right, our staff meeting student and a teacher; left are orphans with our coordinator



During the same year, 11 (6 females, 5 male) orphans had national examinations, 10 performed well and moved to the next level of study. Among them, one child joined a university degree course, 3 went to college and one graduated vocational (tailoring) training.

2. Widows and Single Teen Mothers Project

Widowed women and single teen mothers are often marginalized and given little attention by family and community members. Although they try hard to reach their financial independence, they always face social and economic challenges.

To address widows and single teen mothers, SEET launched the Widows and Single Teen Mothers Project in Buguruni and Vingunguti wards, Dar es Salaam in 2017. The initiative is an effort to economically empower widows and teen mothers through financial literacy training, micro-business and micro social savings. The project encourages and support widows and teen mothers to start income generation activities which ultimately advances the goal of economic sustainability for themselves and their families. So far, some of the widows have created their own businesses in food vending, vegetable and fruits selling and liquid soap manufacturing.



Photos above, our staff meeting widows during follow up visit

During 2023, 3 new widow's groups were formed to make a total of 14 groups. Thirty-one widows received training on micro-business and entrepreneurship skills. SEET made follow up to all groups to identify and support addressing management, technical and other group related issues.

3. Violence, Drug and HIV/AIDS

SEET has always put people at the center of solutions to community problems. We consistently focus on people's needs, engaging them in addressing related challenges and monitoring and revising approaches as we gather feedback. We use these perspectives to identify issues related to violence, drugs, and AIDS in Ilala Dar es Salaam and address them accordingly.



We facilitate violence, drugs, and AIDS survivors and perpetrators to form Emotions Anonymous 12-step self-help groups. We also strengthen capacity of community members to educate each other, identify, plan and document strategies that address violence, drug and HIV/AIDS at family and community levels.



Photos above, community trainers facilitating teenagers' training on violence, drug and HIV/AIDS

In the reporting year, 15 community trainers received refresher training on how to facilitate community violence, drug and HIV/AIDS trainings. 4720 new community members received violence, drug and HIV/AIDS trainings to make a total of 78,726 now having been trained in Buguruni and Vingunguti Wards since 2017. We also visited groups of recovered drug users in Buguruni ward. Two groups with 5 members each are now involved in shoe and umbrella businesses.

4. Scholarship Program

In 2022, SEET with funding from Help Aid Africa established scholarship program for orphans and vulnerable children in Dar es Salaam. The scholarships cover school and college supplies, transport fare, school fee, accommodation and meal. Three scholarship holders: Salehe Ally, Samira Karim and Hamida Hashim are in secondary school and Editha Thomas and Feisal Shaaban are in college.



In 2023, both Samira and Hamida moved to the third year of schooling and Salehe joined advanced level secondary school after performing well in their national examinations. Salehe is currently studying physics, chemistry, and biology, Editha Thobius has joined college doing a diploma course in logistics while Feisal Shaaban is studying Maritime Safety Course at the Dar es Salaam Marine Institute.



Left is Salehe Ally with school supplies as he gets ready to go for advanced level of secondary school

5. Home Based Care Project

We continued improving health and social well being of patients and people with disabilities who are being cared at home. Our approach is to provide clinical and nursing care as well as mobilize community to provide psycho-social support to them. This reporting year, all 22 patients were visited monthly, their vital signs checked and provided with some related medicines. In addition, all 22 patients received emergency food, and a child with disability was given a wheelchair.

By December 2023, 3 female patients lost their life and 3 others shifted outside of our working area.



Photos above, our home-based care coordinator checking patient vitals (left) and seen right with newly identified patient who was unable to sit and walk without support.



Left is Maggie Lima– a former Buguruni Anglican health center's nurse. She had Tuberculosis, in her back pain operated but now unable to walk without support. To the right is Hadija Fadhil and Mom-happy with her newly provided wheelchair



6. Mental Health Program

SEET is developing a community Self Care-Mental Wellness-Resiliency (SMR) manual and training program in partnership with Mirembe National Mental Health Hospital and Muhimbili University of Health Allied Sciences (MUHAS). Together with community partners we have



begun identifying the cultural views and current approaches to emotions, self-care mental health, and resiliency and combining these with the best science. A US self-help manual developed by the Health Tanzania Foundation will also inform this work. The SMR manual and two-hour training and follow-up will be completed early 2024. The SMR will then be implemented by training everyone in our partner communities as part of the community approach.



Above (left) are Mirembe staff, Dr. Chilowaka and Dr. Henry after an initial presentation and discussion on development of SMR manual and training guide. And, to the right are SEET& Buguruni Anglican health staff plus community representative providing their current approaches to emotions, self-care mental

7. SEET Centre for Family Medicine and Research

Tanzania needs family medicine doctors who can give a high level of care and can supervise and train lesser-trained doctors at the district and sub-district levels. SEET through its Centre for Family Medicine and Research is assisting Muhimbili University Health and Allied Sciences (MUHAS)-Tanzania's national medical school in developing a family medicine department and residency. Lessons learned from SEET programs will be integrated into the family medicine curriculum and support development of community oriented family medicine which can be practiced throughout the country. During 2023, MUHAS and SEET accomplished the following:



- A meeting with the Tanzania Chief Medical Officer was done to initiate formal support of the Ministry of Health
- The technical working group from SEET, MUHAS, University of Toronto, and Health Tanzania Foundation was created to lead the process
- Draft of training curriculum developed
- A meeting with USAID leaders was done to explore possible U.S. government support for the development of family medicine in Tanzania.
- A meeting with Canadian aid was held to explore possible Canadian support.
- Dr. Obondo, SEET's board chairperson, presented information about the family medicine development to over 1,000 participants at the National Health Summit.



Left is Dr. John Obondo – SEET Board Chairperson presenting at the Tanzania Health Summit

8. Establishment and strengthening Partnership

SEET continued to establish and strengthen partnership with related stakeholders. In this year, we established partnership with the deaf church and continued strengthening our partnership with TAVICO, Aga Khan Hospital and related Departments of the Government Ministries.

8.1 Deaf Church

SEET has established a new collaboration with the Church for the Deaf in Dar es Salaam. The Church has two branches in Dar es Salaam and one branch in the Coast Region. It is a worship and meeting center for the deaf community, is led by deaf persons, and serves over 280 deaf people. To promote inclusiveness, the Church for the Deaf in Dar es Salaam provides educational support to deaf children. Following a meeting, SEET and the Deaf Church had the following action list:

1. The Church for the Deaf will identify church volunteers among the deaf congregations.
2. To facilitate communication, the Church for the Deaf will identify specific sign language interpreters.
3. SEET will train sign language interpreters and identified deaf volunteers to become deaf trainers.
4. SEET will ensure that deaf people are trained about violence, drugs, alcohol, and HIV/AIDS as well as self-care, mental wellness, and resilience.



Above photo, SEET staff meeting the administrator of Church for the Deaf in Buguruni Dar es Salaam



8.2 Aga Khan Hospital

In 2023, SEET organized meeting with head of community health unit of the Aga Khan hospital. With Aga Khan. we agreed to organize community health outreach activities. The outreach will involve cervical & breast cancer screening, BPH and Tuberculosis screening and covid-19 vaccination.



Photo above Aga Khan-SEET meeting

8.3 TAVICIO

SEET staff also had meetings with representatives from our longtime partner - TAVICO a non governmental organization. In our July 2023 meeting, we talked about how to design and work together in implementing different community health related project. In November 2023, SEET and TAVICO presented our work and submitted a concept note to a potential medical outreach donor.